

Information For the Use

Pantoprazole (40mg)

Panpital 40 Tablet

Pantoprazole (40 mg) Tablet Information

Generic Name: Pantoprazole

Brand Names: Protonix (and others)

Dosage Form: Tablet, delayed-release

Strength: 40 mg

Indications

Pantoprazole is a proton pump inhibitor (PPI) used to reduce stomach acid. It is commonly prescribed for the following conditions:

- Gastroesophageal Reflux Disease (GERD):** To treat and manage acid reflux and associated symptoms like heartburn.
- Erosive Esophagitis:** To help heal damage caused by stomach acid in the esophagus.
- Zollinger-Ellison Syndrome:** To treat conditions involving excessive stomach acid production.
- Peptic Ulcers:** For reducing acid and allowing ulcers in the stomach or duodenum to heal.

Dosage and Administration

- Usual Adult Dose for GERD:** 40 mg once daily, typically for 4-8 weeks.
- Erosive Esophagitis Healing:** 40 mg once daily for up to 8 weeks (may extend if necessary).
- Pathological Hypersecretory Conditions:** Dose varies; often starts at 40 mg twice daily.

How to Take:

- Take the tablet orally, usually 30 minutes before a meal.
- Swallow the tablet whole; do not crush, chew, or split it.

Mechanism of Action

Pantoprazole works by inhibiting the H⁺/K⁺ ATPase enzyme in the stomach lining, effectively reducing acid production and allowing healing of damaged tissues.

Common Side Effects

- Headache
- Diarrhea or constipation
- Nausea or vomiting
- Abdominal pain
- Dizziness

Serious Side Effects (Seek Medical Attention)

- Severe allergic reactions (rash, swelling, difficulty breathing)
- Low magnesium levels (muscle cramps, irregular heartbeat, seizures)
- Clostridium difficile-associated diarrhea
- Bone fractures (with long-term use)

Precautions

- Allergies:** Inform your doctor if you are allergic to pantoprazole or other PPIs.
- Medical History:** Disclose any history of liver disease, low magnesium levels, or osteoporosis.
- Pregnancy and Breastfeeding:** Use only if clearly needed; discuss risks with your healthcare provider.

Drug Interactions

Pantoprazole may interact with certain medications, including:

- **Antiretrovirals:** Reduced efficacy (e.g., atazanavir).
 - **Warfarin:** Increased risk of bleeding; monitor INR levels.
 - **Clopidogrel:** May reduce its effectiveness.
 - **Methotrexate:** Increased serum levels when taken with PPIs.
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Storage

- Store at room temperature (20°C to 25°C / 68°F to 77°F).
 - Keep away from moisture and direct sunlight.
 - Store in a tightly closed container.
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Disclaimer

This information is not a substitute for medical advice. Always consult a healthcare professional for personalized guidance and before starting or stopping any medication.

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